

# C.V.S.HOMOEOPATHIC CLINIC

## HEMORRHOIDS

Hemorrhoids are painful swollen veins in the lower portion of the rectum or the anus.

### CAUSES:

1. Very common, especially during pregnancy and after child birth.
2. Result from increased pressure in the veins of the anus.
3. The most common cause is straining during bowel movement.
4. Constipation.
5. Sitting for long periods of time
6. Anal infections.
7. Over Weight
8. Coughing, sneezing ,vomiting ,and holding one's breath while straining to do physical labor.
9. Jobs requiring heavy lifting.

TYPES: Internal Hemorrhoids, External Hemorrhoids

Internal Hemorrhoids: Just inside the anus, pain less, rectal bleeding.

External Bleeding: At the opening and may hang outside the anus, pain full.

## SYMPTOMS:

Anal itching.  
Anal ache or pain, especially while sitting  
Pain during bowel movements  
Bright red blood in stool

## TESTS:

Stool Guiac  
Sigmoidoscopy  
Anoscopy

## COMPLICATIONS:

Blood in the swollen veins may form clots and surrounding tissue may die.  
Surgery may need to remove hemorrhoids with clots.  
Severe bleeding may also occur  
Iron deficiency anemia can result from long term blood loss

## PREVENTION:

Drink plenty of fluids, at least 8 glasses per day  
Eat a high fiber diet of fruits, vegetables and whole grains.  
Consider fiber supplements. Not to use force in passing stool.

## Scope of Homoeopathy

When the bleeding and pain is there in homoeopathy relief will come very soon, then after constitutional treatment for few months (6 months) will definitely solve the problem. Surgery is not a solution for the problem.

Most of the surgical options have side effects in the form of severe post operative pain, infection, bleeding, formation of adhesions, perineal abscess, development of fistula and so on, and again the underline treatment is not treated which lead to recurrence of piles or hemorrhoids, with the help of proper homoeopathic treatment surgery can be avoided in 99% of the cases.

Many people get the problem again after surgery and they may also take homoeopathic treatment for a total cure. The best part in homoeopathy is to correct the basic cause of hemorrhoids.

Homoeopathy offers logical, safe, extremely effective remedies for piles. It produces permanent cure in homoeopathy.